



Eucharist

First Eucharist, also known as First Communion is a Sacrament of Initiation, inviting us to come to the table of the Lord and receive His most sacred Body and Blood. Children wishing to prepare for this sacrament should register with the Religious Education office.

A parent or guardian must attend the General Sacramental Session held in October. **Preparation for the Sacrament of Reconciliation is a prerequisite to prepare for First Eucharist.**

The children strive to really welcome Jesus into their hearts in the this special way. The parents, at home, participate in their child's preparation for the Sacrament of Eucharist, with help and guidance from our parish.

Parents of children preparing for the Sacrament of First Eucharist must attend two meetings at which the theology of the sacrament is explained and ways in which the family can best prepare for this experience are presented. At these same meeting times, children attend preparation workshops.

For more detailed information regarding dates and times of required meetings/sessions, please see the weekly bulletin announcements or contact the Religious Education Office. If you have not already registered your child for this sacrament, please call 621-8133 and request a Registration Form for First Communion.

The **Eucharist is the sacrament (the third of Christian initiation) by which Catholics partake of the Body and Blood of Jesus Christ and participate in his one sacrifice. The first of these two aspects of the sacrament is also called Holy Communion.*

The bread and wine used in the Eucharistic rite are, in Catholic faith, believed to be transformed in all but appearance into the Body and Blood of Christ, a change that is commonly called transubstantiation. Only a bishop or priest is enabled to be a minister of the Eucharist, acting in the person of Christ himself.

The Eucharist is seen as "the source and summit" of Christian living, the high point of God's sanctifying action on the faithful and of their worship of God, the point of contact between them and the liturgy of heaven.

***"Roman Catholic Church." [Wikipedia, The Free Encyclopedia.](#)*