



## Reconciliation

Reconciliation, also known as Penance or Confession is a Sacrament of Healing that allows us to ask for forgiveness and receive the grace and comfort that only Jesus can provide. Children wishing to prepare for this sacrament should register with the Religious Education office. A parent or guardian must attend the General Sacramental Session held in October. **Preparation for the Sacrament of Reconciliation is a prerequisite to prepare for First Eucharist.**

The children strive to really welcome Jesus into their hearts in this special way. The parents, at home, participate in their child's preparation for the Sacrament of Reconciliation, with help and guidance from our parish. Parents of children preparing for the Sacrament of Reconciliation must attend two meetings at which the theology of the sacrament is explained, and ways in which the family can best prepare for this experience are presented. At these same meeting times, children attend preparation workshops.

For more detailed information regarding dates and times of required meetings/sessions, please see the weekly bulletin announcements or contact the Faith Formation Office.

***Reconciliation** is the first of two sacraments of healing, which is also called the sacrament of **penance**, of **conversion**, of **confession**, and of **forgiveness**. It is the sacrament of spiritual healing of a baptized person from the distancing from God involved in sins committed. It involves four elements: the penitent's contrition for sin (without which the rite does not have its effect), confession to a priest (it may be spiritually helpful to confess to another, but only a priest has the power to administer the sacrament), absolution by the priest, and satisfaction. It usually involves a simple task (in some traditions called a "penance") for the penitent to perform, to make some reparation and as a medicinal means of strengthening against further temptation.*

*\*\*Roman Catholic Church." [Wikipedia, The Free Encyclopedia.](#)*