



Women's Retreat

Calling all women of Holy Cross and any woman who would benefit from pulling back from their every day usual lives in order to think, to pray and to discern.

- Would you benefit from a weekend of prayer, reflection and friendship, and focus on your spiritual life?
- Would you like an opportunity to relax and let the Holy Spirit rejuvenate your sagging spirits?
- Would you like to spend time on beautiful Canandaigua Lake?

Would you like to get away from the stress of your everyday life?

Then, the Annual Women's retreat is for you!!

Refresh yourself, listen to some great talks, and participate in discussions, about our Lord. You'll find the theme interesting and life-enhancing to your spirit. Talk over tea in the beautiful dining room that's always open. Visit the library with an abundance of resources, the gift shop, and the beautiful chapel with windows overlooking the lake.

Here is some information about our retreat that you may find helpful:

As soon as the date for the annual retreat is announced in the bulletin, (the date is "usually" around the end of September, early October), call one of the leaders to sign up.

The retreat starts on a Friday evening and sign-in takes place from 7:00 PM to 8:00 PM.

The retreat ends Sunday with Mass at 10:45 AM. After Mass on Sunday, there is a short coffee and donut farewell before we depart for home.

Transportation:

You can either car pool with us, or just meet us at Notre Dame Retreat House.

What to Expect:

There is a theme every year. We have morning prayers, conferences, Stations of the Cross, the Sacrament of Reconciliation, Rosary in the Chapel, Celebration of Eucharist, optional round table discussions, Benediction, etc.

Accommodations:

Bedrooms are single rooms with a twin bed and sink in it. The toilet is shared between two rooms (sliding door between the two rooms). Shower rooms are in each hallway. Double rooms are available with two twin beds (meant to be occupied by two people) and a full bath.

Meals:

Meals are included. Coffee, tea, juice, cold drinks, fruit and cookies are available in the dining room at all times.

Donation:

The offering requested per person for the full weekend is usually around \$120.00. If you are unable to afford this amount, please give what you can. The offering is anonymous.