



# FUTURE NOW TEEN LEADERSHIP PROGRAM AT THE BEACH

**JUNE 26 - 27, 2019** WED 10AM - 9:30PM THURS 10 - 4

HOLY CROSS PARISH 4492 LAKE AVE ROCH, NY 14612

CONTACT: DONNA JACOBI 621-8133 [donnajacobi@hotmail.com](mailto:donnajacobi@hotmail.com) 261-5552

2 YEAR PROGRAM-EACH YEAR INCLUDES 1 LEVEL WITH 4 SESSIONS THIS YEAR LEVEL 1 IS OFFERED

LEVEL ONE	LEADERSHIP STYLES	GROUP DYNAMICS
.	TEAM BUILDING & DECISION MAKING	PROGRAM PLANNING
LEVEL TWO	EFFECTIVE COMMUNICATION	PRAYER AND WORSHIP
.	PRESENTATION SKILLS	SPIRITUALITY & PERSONAL GROWTH

**Cost: \$50.00** per person includes 4 sessions in Level 1, materials, and lunch both days.  
Please make checks payable to HOLY CROSS CHURCH

Dinner at Pelican's Nest and concert at beach on Wednesday is optional.  
Anyone who plans on coming is asked to bring an **additional \$20.00 in CASH**



Other Info: ANY TEEN ENTERING 8<sup>TH</sup> - 12<sup>TH</sup> GRADE IN FALL MAY ATTEND

Must have a minimum of 15 participants for a program to be offered

Each participant must bring a snack and bottle of soda for a community snack table

A note with what to bring will be emailed to each participant before Wednesday.

# Future Now Health And Conduct Form

Parish Name/Address: \_\_\_\_\_

Teen's Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Teen's Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone: mom's \_\_\_\_\_ dad's \_\_\_\_\_ teen's \_\_\_\_\_

Grade in Fall of '19: \_\_\_\_\_

Emergency Contact/Phone: \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ Policy #: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Any Medications (prescription and non-prescription) currently taken and include dosage:

\_\_\_\_\_  
\_\_\_\_\_

Allergies or special needs/concerns : \_\_\_\_\_

\_\_\_\_\_

Can your teen be given the following by the program coordinator?

Aspirin?  Yes  No Acetaminophen?  Yes  No Ibuprofen?  Yes  No

I hereby certify that the above information is correct and give permission for my child to be transported in privately owned vehicles for medical emergencies only, and for the release of medical records to an attending health worker in case of illness. I understand that every effort will be made to contact the parent/guardian. If one cannot be contacted, I hereby give permission for a qualified physician to secure proper treatment for my child.

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

## FUTURE NOW LEADERSHIP TRAINING CODE OF CONDUCT

Your signatures below indicate your willingness to comply with the following rules:

- 1 The purchase, possession or consumption of alcoholic beverages or the possession or use of illegal drugs will not be tolerated. Failure to comply will result in IMMEDIATE DISMISSAL from the event
- 2 CIGARETTE SMOKING AND CHEWING OF TOBACCO WILL NOT BE ALLOWED
- 3 Participants must attend all scheduled activities and events and remain in areas of the program designated for this event.
- 4 Nametags must be worn at all times.
- 5 Participants must remain on campus until their transportation departs at the end of the event.
- 6 Participants are expected to obey the direction of all chaperones.
- 7 Participants are representing their parish communities - appropriate behavior and language are expected. No dangerous or rough play will be allowed.
- 8 Final decisions regarding acceptable behavior/consequences is the responsibility of Prog Coordinators.

We have read the information/expectations on this form and agree to abide by the Code of Conduct. If these rules are violated, we accept responsibility for the behavior and will arrange, at our own expense, for the transportation of the child if he/she is dismissed from the event.

Parent/Guardian: \_\_\_\_\_ date \_\_\_\_\_

Youth: \_\_\_\_\_ date \_\_\_\_\_

## Future Now Leadership Training Summary

This is a senior high school (9-12 grades) program containing two levels. Each level is composed of 4 two-hour training sessions. Each two-hour session combines presentation, handouts, small and large group discussion and practical integration. Parish Youth Minister should be sure to help each teen use their newly developed leadership skills at parish level 1-2 months after a session is completed.

### Level 1 Sessions:

**1-A: LEADERSHIP STYLES** Defining Christian leadership, assessing individual strengths, weaknesses and skills, developing a personal mission statement, the use and misuse of power and authority, understanding various leadership styles and approaches.

**1-B: GROUP DYNAMICS** Understanding group dynamics, facilitating small groups, creating and maintaining a welcoming environment, behavior management.

**1-C: TEAM BUILDING AND DECISION MAKING** Developing a team approach and building a team spirit vs. a clique, various approaches to making decisions in groups, dealing with group conflict, creating group ownership.

**1-D: PROGRAM PLANNING** Conducting needs assessments/surveys (starting where the person is), developing a group mission, using goals and objectives that connect to mission, techniques for brainstorming and evaluation, how to affirm/critique programs toward change/growth putting it all together(quality programming).

### Level 2 Sessions:

**2-A: EFFECTIVE COMMUNICATION** Active listening, how to advocate, confront, assert and motivate others in a Christian manner.

**2-B: PRAYER AND WORSHIP** Review of prayer/liturgical forms, essential elements of good worship, understanding the liturgical year and lectionary, planning a prayer/worship experience, creating a prayerful environment, reviewing the Diocesan Gifted to Serve guidelines.

**2-C: PRESENTATION SKILLS** Essential elements of public speaking, preparing and presenting talks to large and small groups, effective witnessing/storytelling.

**2-D: SPIRITUALITY AND PERSONAL GROWTH** Developing a prayer life, dealing with and handling stress, signs of unhealthy, how to ask and get help for self or another, caring for mind and body, achieving balance.

**PARISH INTEGRATION SESSION** Led by the Parish Youth Minister 1-2 months after completion of a training level to assist youth in reflecting on the skills they have learned thus far and how they are utilizing them in service to the parish.